






January 2019

St. Francis School Breakfast and Lunch



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Happy New Year!	No School	<i>B: Pancake</i> 3 L: Hamburger/Cheesebrgr Apple Sauce Winter Moon Veg. Blend Fresh Veggies Sugar Cookie 4YK/K Snack: Chef's Choice	<i>B: Fruit & Yogurt Parfait</i> 4 L: Mini Cheese Ravioli with Marinara Sauce Apricot Halves, Buttered Corn, Fresh Veggies Garlic Toast 4YK/K Snack: Yogurt	
6	<i>B: 3-Bears Porridge</i> 7 L: Monster Meatball! Mixed Fruit French Fries Honey Glazed Carrots Dinner Roll 4YK/K Snack: Baked Treat	<i>B: Scrambled Eggs</i> 8 L: Sub Sandwich Fresh Fruit Sliced Beets Potato Salad Peanut Bar 4YK/K Snack: Cracker Sand.	<i>B: Muffin</i> 9 L: Mini Corn Dogs Apple Slices Butternut Squash Carrot Sticks 4YK/K Snack: Popcorn	<i>B: Sausage/Chse Muffin</i> 10 L: Walking Tacos Fresh Veggie Toppings Peaches Taco Fiesta Beans Mexican Brownies 4YK/K Snack: Applesauce	<i>B: French Toast</i> 11 L: Double Cheese Pizza Chilled Pears Tossed Salad Fresh Veggies 4YK/K Snack: Baked Treat	
13	<i>B: Cream of Wheat</i> 14 L: Popcorn Chicken Pineapple Brown Beans Fresh Veggies Garlic Bread Stick 4YK/K Snack: PBJ Sand.	<i>B: Brekkies!</i> (Brkfst Cookies) 15 L: Brunch Lunch! Breakfast-on-a-Stick Fresh Fruit, Juice Tater Tots Strawberry Yogurt 4YK/K Snack: Graham Crkrs	<i>B: Cheese Omelette</i> 16 L: Spaghetti & Meat Sauce Mandarin Oranges Green Beans Tossed Salad 4YK/K Snack: Chef's Choice	<i>B: Donut</i> 17 L: Cheesy Potatoes/Ham Applesauce Buttered Corn Dinner Roll Peanut Butter Cookie 4YK/K Snack: Yogurt	No School Teacher In-service	19
20	 <i>B: Breakfast-on-a-Stick</i> 21 L: Beef Stew on a Biscuit Apricots Tossed Salad Fresh Veggies 4YK/K Snack: Baked Treat	<i>B: Waffles</i> 22 L: Tuna Rotini Mixed Fruit Peas 'n Carrots Fresh Veggies 4YK/K Snack: Cracker Sand	<i>B: Pancake</i> 23 L: Chicken Nuggets Fresh Fruit Waffle Fries Texas Ranchero Beans Gingerbread 4YK/K Snack: Popcorn	<i>B: Biscuits & Gravy</i> 24 L: Winter Picnic! Turkey or PBJ Sandwich Fruitables, Fresh Veggies Chips Cranberry Orange Bread 4YK/K Snack: Applesauce	<i>B: Coffee Cake</i> 25 L: Fish Sticks w/ tartar sce Apple Slices Parmesan Cauliflower Fresh Veggies 4YK/K Snack: Baked Treat	26
27	<i>B: Scrambled Eggs</i> 28 L: Chicken Patty on a Bun Peaches Sidewinder Potatoes Fresh Veggies 4YK/K Snack: PBJ Sand.	<i>B: Bagel 'n Crm Cheese</i> 29 L: Salisbury Steak & Gravy Chilled Pears Mashed Potatoes Garden Peas Dinner Roll 4YK/K Snack: Gr. Crackers	<i>B: Egg/Cheese Biscuit</i> 30 L: All-Beef Hot Dog on a Whole Grain Bun Fresh Fruit Baked Beans Fresh Veggies 4YK/K Snack: Chef's Choice	<i>B: Strawberry Shrtcake</i> 31 L: Chicken Chow Mein on Rice w/Noodles Pineapple Tidbits Steamed Broccoli Frozen Yogurt Treat 4YK/K Snack: Yogurt		

- All breakfasts are served with a choice of milk, a variety of cold cereal, fruit, and a variety of 100% juice.
- All lunches are served with a choice of milk (1% white or 1% chocolate).
- *Menu subject to change based on availability.

Did you know... St. Francis School Food Service participates in the "Offer vs. Serve" program, an option available to us through the National School Lunch Program. As such, each day children are offered at least 5 choices of food from 5 food categories. Of these, they MUST choose at least 3 for a complete lunch. (They MAY choose everything offered.)

This institution is an equal opportunity employer.