








February 2019 St. Francis School Breakfast and Lunch

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<i>B: Pancake</i> 1 L: Tomato Soup Grilled Cheese Sandwich Mandarin Oranges Peas 'n Carrots 4YK/K Snack: Baked Treat	2
 3	<i>B: Applesauce Muffin</i> 4 L: Chicken Crunch Salad Apple Sauce Texas Ranchero Beans Bread/Peanut Butter/Jelly 4YK/K Snack: Cracker Sand.	<i>B: Scrambled Eggs</i> 5 L: Pizza Quesadillas Fresh Fruit Steamed Broccoli Fresh Veggies Cheesecake Bar 4YK/K Snack: Popcorn	<i>B: Bagel & Cr. Cheese</i> 6 L: BBQ Pork on a Bun Apricots Potato Smiles Fresh Veggies 4YK/K Snack: Applesauce	<i>B: Egg & Cheese Biscuit</i> 7 L: Italian Rotini Mixed Fruit Tossed Salad Buttered Corn Chocolate Chip Cookie 4YK/K Snack: Baked Treat	<i>B: Popovers/Hot Cocoa</i> 8 L: Baked Cod Mac & Cheese Chilled Pears Fresh Veggies 4YK/K Snack: PBJ Sand.	9
10	<i>B: Waffles</i> 11 L: Mini Corn Dogs Apple Slices French Fries Boston Baked Beans Fresh Veggies 4YK/K Snack: Graham Crkrs	<i>B: 3 Bears Porridge</i> 12 L: Turkey Roast Fresh Fruit Parsley Buttered Potatoes Green Beans Dinner Roll 4YK/K Snack: Chef's Choice	<i>B: Boiled Egg/Toast</i> 13 L: Hamburger/Cheesebrgr Peaches French Fries Honey-Glazed Carrots 4YK/K Snack: Yogurt	<i>B: Cinnamon Roll</i> 14 L: Orange Chicken and Rice Pineapple Chopped Spinach Salad Chocolate Cake 4YK/K Snack: Baked Treat	15 No School Teacher In-Service	16
 17	<i>B: Fruit Smoothies</i> 18 L: Nachos w/meat & cheese Deluxe Bean Dip Mandarin Oranges Steamed Cauliflower 4YK/K Snack: Cracker Sand.	<i>B: Pancake</i> 19 L: Cowboy Beans Fresh Fruit Mashed Potatoes, Beets Buttered Toast Molasses Cookie 4YK/K Snack: Popcorn	<i>B: Breakfast Bake</i> 20 L: Cheese Omelette Sausage Link Applesauce, Juice Pancake w/Syrup Cherry Side Kick (slushie) 4YK/K Snack: Chef's Choice	<i>B: Baked Blkbry Oatmeal</i> 21 L: Chicken Parmesan Apricots Tossed Salad Garden Peas 4YK/K Snack: Baked Treat	<i>B: Scrambled Eggs</i> 22 Roller Skating Party <i>--Buy Lunch at the Rink!--</i>  4YK/K Snack: PBJ Sand.	23
24	<i>B: Muffin</i> 25 L: Tater Tot Casserole Mixed Fruit Butternut Squash Dinner Roll Peanut Butter Bar 4YK/K Snack: Graham Crkr	<i>B: Sausage/Cheese Muffin</i> 26 L: Chicken Corn Chowder Crackers Fresh Fruit Fresh Veggies/Dip Home-made Bread 4YK/K Snack: Chef's Choice	<i>B: French Toast</i> 27 L: Chicken Nuggets Apple Slices Taco Fiesta Beans Tossed Salad 4YK/K Snack: Yogurt	<i>B: Cream of Wheat</i> 28 L: Tuna Alfredo Peaches Steamed Broccoli Orange Dream 4YK/K Snack: Baked Treat	<i>March 1</i>  -or- ?	

- All breakfasts are served with a choice of milk, a variety of cold cereal, fruit, and a variety of 100% juice.
- All lunches are served with a choice of milk (1% white or 1% chocolate).
- *Menu subject to change based on availability.

Did you know... St. Francis School Food Service participates in the "Offer vs. Serve" program, an option available to us through the National School Lunch Program. As such, each day children are offered at least 5 choices of food from 5 food categories. Of these, they MUST choose at least 3 for a complete lunch. (They MAY choose everything offered.)

This institution is an equal opportunity employer.